

HOW MANY STAR JUMPS CAN YOU DO?



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YOU HAVE 20 SECONDS TO COMPLETE AS MANY 'STAR JUMPS' AS POSSIBLE.

A GOOD 'STAR JUMP' WILL BE COUNTED AS A CHILD STARTING WITH THEIR FEET TOGETHER AND ARMS BY THEIR SIDE, THEN JUMPING WITH THEIR FEET OUT TO THE SIDE AND ARMS UP TO SHOULDER LEVEL AND BACK DOWN.

YOU HAVE UNTIL THE DEADLINE TO COMPLETE THE CHALLENGE WITH AS MANY CHILDREN AS YOU WANT IN YEARS 1 AND 2, THEN PLEASE COMPLETE AND EMAIL BACK THE SCORE SHEET BELOW.

WHEN COMPLETING THE SCORE SHEET PLEASE PUT THE NUMBER OF CHILDREN THAT COMPETED IN EACH YEAR BUT PLEASE ONLY PUT THE NAME AND SCORE OF THE TOP SCORER IN EACH YEAR.

PLEASE SEND RESULTS BACK TO MYSELF BY EMAIL NO LATER THAN FRIDAY 23RD OCTOBER 2020.

KNOWSLEY PRIMARY SCHOOL VIRTUAL STAR JUMP COMPETITION 2020 RESULTS SHEET

School:

Contact Name:

No. of children that participated in year 1:

No. of children that participated in year 2:

Top Score in Each Year (20 SECONDS)

	Name	Score
Yr 1 Boy		
Yr 1 Girl		
Yr 2 Boy		
Yr 2 Girl		

Please return to David Sweeney – Competition Manger
by Friday 23rd October 2020.

E-mail d.sweeney@kirkbyhighschool.net