



ONE MILLION STEP CHALLENGE



Can you help your school complete KSSP's one million step challenge?

As half term approaches it's important to stay active over the holidays, so KSSP is challenging all Knowsley schools to try and complete one million steps!

All children and teachers can take part, just download any free step counter from the Google or Apple store (or use your own smart watch, pedometer etc if you have one). Use this to record how many steps you do over half term, then show your teacher when you go back to school.

Your teacher will add up all the steps that the pupils and staff have done over half term, with the aim of reaching a million steps!

This is the equivalent of walking from Liverpool to Germany, or walking to Ireland and back!

Good luck and get stepping!

Please note it is the responsibility of each school to check that the children show their step count evidence.

**SCHOOL
GAMES**