

TENNIS BOUNCE ABOUT CHALLENGE!



This competition is for children in years 3 and 4.

Equipment needed: Tennis racket, tennis ball, stopwatch.

This challenge helps children control the racket and the bounce of a ball.

Start in the ready position.

When the timer starts, move around bouncing a ball in a basketball dribble style.

Move by walking, jogging, sidestepping or walking backwards, keeping control of the ball at all times.

How many bounces can you do in 30 seconds?!

You have until the Friday 16th July to complete the challenge with as many children as you want.

Please complete and email back the attached scoresheet to d.sweeney@kirkbyhighschool.net.

When completing the scoresheet please put the number of children that competed in each year and

ONLY put the name and score of the top scoring child in each year group.