

***Yr 7/8 DODGEBALL RULES***

**Competition Format**

**START OF PLAY**

* 3 BALLS ARE PLACED ALONG THE CENTRE LINE
* THE BALL ON A TEAM’S LEFT IS THEIR DESIGNATED BALL
* THE CENTRE BALL IS THE ONLY CONTESTED BALL
* A BALL IS NOT LIVE UNTIL IT IS PASSED BACK BEYOND THE RETURN LINE

ELIMINATING OPPOSING PLAYERS

* A BALL IS LIVE UNTIL IT HITS A FLOOR, WALL OR ANY OTHER SURROUNDING SURFACE
* MULTIPLE PLAY IS POSSIBLE WITH A LIVE BALL

**HITS**

* ANY PLAYER STRUCK WITH A LIVE BALL BY AN OPPOSING PLAYER WILL BE CALLED OUT
* FACE SHOTS DO NOT COUNT UNLESS A PLAYER’S FACE STOPS THE BALL FROM HITTING THEIR BODY

**CATCHES**

* ANY CATCH ON A LIVE BALL WILL BE VALID. THE PLAYER WHO THREW THE CAUGHT BALL WILL BE CALLED OUT AND THE CATCHING TEAM WILL GAIN ONE PLAYER FROM THE OUTBOX

**BLOCKING**

* PLAYERS ARE ABLE TO USE A BALL IN THEIR POSSESSION TO BLOCK AN INCOMING BALL. IF THE BALL THEY ARE HOLDING IS KNOCKED FROM THEIR POSSESSION, THEY WILL BE CALLED OUT

**LINES**

* A BADMINTON COURT AS A BASE FOR THE DODGEBALL COURT
* PLAYERS ARE ENCOURAGED TO STAY INSIDE THE COURT MARKINGS AND NOT NECESSARILY CALLED OUT FOR STEPPING OVER THE SIDE/BACK LINES
* PLAYERS MAY LEAVE THE COURT TO COLLECT BALLS BY PUTTING THEIR HAND UP
* PLAYERS MUST RETURN TO COURT FROM BEHIND THE BACK LINE

**STALLING**

* PLAYERS SHOULD NOT INTENTIONALLY STALL THE GAME. ONCE A TEAM HAS POSSESSION OF 2 OR 3 BALLS, THEY SHOULD LOOK TO MAKE AN ATTEMPT WITH AT LEAST ONE OF THOSE BALLS.
* WHEN A REFEREE CALLS ‘PLAY BALL’, A TEAM HAS 5 SECONDS TO THROW. IF THEY DO NOT THEN PLAYERS HOLDING BALLS WILL BE CALLED OUT
* TEAMS CAN KEEP ONE BALL AFTER ‘PLAY BALL’ HAS BEEN CALLED, AND MUST THROW THE REST.

**MULTIPLE PLAY**

THE FOLLOWING ARE EXAMPLES OF MULTIPLE PLAY:

* A PLAYER WILL BE CALLED OUT IF THEY ARE HIT BY A BALL THAT HAS DEFLECTED OFF A TEAMMATE WHILST IT IS STILL LIVE
* A CATCH IS VALID IF IT HAS DEFLECTED OFF A TEAMMATE WHILST IT IS STILL LIVE – IN THIS CIRCUMSTANCE THE HIT PLAYER PLUS THE THROWER WILL BE CALLED OUT – IF THE HIT PLAYER IS THE FIRST ONE OUT, THEN THEY WILL IMMEDIATELY RETURN TO THE COURT