



COMMONWEALTH GAMES CHALLENGE

WEEK 11 – BOCCIA

Players aim at a beach ball placed in a target hoop or circle; the object is to knock the beach ball out of the hoop/circle. Position a hoop, or mark a circle, between the v line and the back of the court.

Place a beach ball (or similar lightweight ball) in the hoop/circle.

Players take turns to propel boccia balls in order to knock the beach ball out of the hoop/circle; one point is awarded to the player/team for each successful hit.

The team with the most points after an agreed number of 'ends' (rounds where everyone plays one ball) wins!

